



Nirvana Bodywork

TODAYS DATE: _____

GENERAL INFORMATION

NAME: _____ (Check One) MALE FEMALE

ADDRESS: _____ BIRTHDATE: _____

CITY: _____ STATE: _____ ZIP: _____

PHONE (home): _____ (work): _____ (cell): _____

OCCUPATION: _____

E-MAIL ADDRESS: _____

EMERGENCY CONTACT INFORMATION

EMERGENCY CONTACT NAME: _____ PHONE: _____

RELATIONSHIP: _____ E-MAIL: _____

HEALTH CARE INFORMATION

APPROXIMATE WEIGHT: _____ HEIGHT: _____

PLEASE LIST ANY INJURIES, BROKEN BONES, OR SURGERIES, AND OCCURRENCE DATE: _____

ARE YOU CURRENTLY UNDER THE CARE OF A HEALTH PROFESSIONAL? YES NO

IF YES, WHAT IS HIS/HER NAME? _____

PLEASE LIST ANY MEDICATIONS/VITAMINS/HERBAL SUPPLEMENTS YOU TAKE:

WHAY TYPE OF EXCERSICE DO YOU DO AND HOW OFTEN? _____

PLEASE CHECK ANY OF THE FOLLOWING CONDITIONS YOU ARE EXPERIENCING:

- | | | |
|----------------------|--------------------|------------------------|
| EMOTIONAL CHANGES | HEADACHES | SKIN DISORDERS |
| HYPOGLYCEMIA | PHLEBITIS | PMS |
| HEART AILMENT | DIABETES | PREGNANCY |
| INFECTIOUS CONDITION | SLEEPLESSNESS | FLU/COLD/FEVER |
| KIDNEY AILMENT | ALLERGIES | HIGH BLOOD PRESSURE |
| CANCER | TMJ SYNDROME | VARICOSE VEINS |
| CHRONIC/ACUTE PAIN | DIGESTIVE PROBLEMS | ARTHRITIS |
| NECK/SPINE INJURY | ULCERATED COLON | OSTEOPOROSIS |
| FIBROMYALGIA | JOINT DISCOMFORT | CARPAL TUNNEL SYNDROME |

OTHER: _____

I understand that if I experience any pain or discomfort during my session(s), I will immediately inform the massage therapist in order for the pressure and/or stroke to be adjusted to my level of comfort. I further understand massage/bodywork should not be considered a substitute for medical examination, diagnosis, or treatment; I should see a qualified medical specialist for any mental or physical ailment that I experience. I understand the massage therapist is not qualified to perform spinal or skeletal adjustments, diagnose or treat any physical or mental illness, or to prescribe any medications; nothing said during the session(s) should be interpreted as such. Because massage/bodywork should not be done under certain medical conditions, I affirm that I have stated all of my known medical conditions, and have answered all questions honestly. I agree to keep the practitioner updated as to any changes in my medical profile, and understand that there shall be no liability on the massage therapist part should I forget to do so. It is also understood that any illicit or sexually suggestive remarks or advances made by me will result in immediate termination of the session.

Cancellation Policy:

I understand that if I fail to give 24 hours notice when cancelling an appointment I may be subject to 50% of the cost of service.

CLIENT SIGNATURE: _____

DATE: _____

PARENT SIGNATURE: _____

DATE: _____

(REQUIRED IF CLIENT IS LESS THAN 18 YEARS OF AGE)